

@REBECCAJAYNE_PMU

PRE & POST CARE

PERMANENT MAKEUP



SCRATCH TEST

IN YOUR ENVELOPE YOU WILL FIND:

- 2 plasters
- 1 lancet
- 1 Alcohol wipe
- 2 Microbrushes
- 2 small plastic containers, 1 containing a small dot of pigment and the other containing a dot of anaesthetic.

HOW TO PERFORM THE SCRATCH TEST:

- Wash your hands thoroughly before you start
- Clean an area on both inner elbows with the Alcohol wipe
- Take the lid off the lancet
- Very gently make a small scratch on both INNER ELBOWS. This must be VERY superficial. You do not need to draw blood or see a visible scratch. The lightest pressure will open the skin enough for a true result.
- Use a microbrush to take out the pigment from the container and rub in to one of the scratches. Apply the plaster. If the pigment has dried, wet the end of the Microbrush to soften it.
- Use the other Microbrush to take out the anaesthetic from the container. Apply this to the other side. Apply the plaster.
- Wait 24 hours before removing the plaster to check for a reaction.
- If itching or blotches occur, remove plasters and wash thoroughly. You will unfortunately not be able to have the treatment. Please inform us straight away.
- Please watch the video sent by text or access it through the QR code at the back of this leaflet

Pre-treatment

Please read through the following information and follow each step in order to get the best possible results.

- Avoid drinking large amounts of coffee, taking ibuprofen, aspirin (unless medically advised), and alcohol for 48 hours before your treatment.
- Any waxing, tinting or eyelash perming should be done at least 48 hours prior to your treatment.
- Avoid any sun exposure for at least 2 weeks prior to your appointment. Your results will be hugely compromised if you have had too much sun exposure prior to your treatment.
- Avoid using retinol products anywhere on the skin for 6 weeks prior to your appointment. (This one step can make a huge difference to the final result)
- You can not have the treatment if you are pregnant or breastfeeding.
- The week prior to your treatment, please very gently exfoliate and apply a moisturiser to the area daily.
- Ensure you have done your scratch test at least 48 hours prior and have completed your online forms.
- Please inform us if you have any medical conditions, take medications or are Pregnant or Breastfeeding.
- Please fill out all paperwork which will be sent via email.

Pre-treatment continued

- For Lips - If you have ever suffered from a cold sore, no matter how mild or how long ago, we strongly recommend taking Acyclovir or using Zovirax 5 x per day for 5 days before and after your treatment. If you fail to do this, you WILL get a heavy breakout of cold sores that results in poor healing and poor results.

Please exfoliate and moisturise your lips for 5 days leading up to your appointment. You can use a gentle salt/sugar scrub. If your lips are very dry on the day of the appointment we may not be able to perform the treatment.

You may want to avoid social events for 5-7 days post treatment as lips are healing.

Avoid having lip filler 6 weeks prior to appointment.

- For Eyeliner- Eyelash extensions must be removed at least 24 hours before. If you wear contact lenses please wear your glasses only to your appointment.
- Do not use any growth serums for a minimum of 12 weeks prior to your appointment. Growth serums will hugely effect the outcome of an eyeliner treatment and little to no retention may occur.

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On the day of your treatment

Please read through the following information and follow each step in order to get the best possible results.

- You should have already discussed with us if you have any Medical Conditions, or are Pregnant or Breast Feeding.
- Please eat before your treatment to help with blood sugar levels.
- Ensure you allow plenty of time for your appointment.
- Remember not to drink too much coffee before your appointment
- Please arrive on time and on your own to your appointment. We are not permitted to have more than one person in the room at a time.
- Ensure you have done your scratch test at least 48 hours prior and have completed your online forms.
- It's a good idea to bring headphones with your favourite Podcast or audiobook etc. Treatments can take up to 2 hours and it's important to keep as still as possible during your appointment. So even though I LOVE to chat, I will ask you to relax and zone out for the duration of the treatment. This ensures I am able to concentrate as well as making sure your facial muscles etc are nice and still for the precision work I will be carrying out. :)
- If you are having eyeliner, please don't wear eye makeup to your appointment.
- Ensure you have time to cleanse the treatment area every 1-2 hours on the day of your treatment. And have a pack of water wipes or sensitive baby wipes handy.
- If you are having Eyebrows or Lips, you may wish to arrive wearing your day to day makeup, so that i can see how you like to wear your brows/ lips on a day to day basis. You can also bring your favourite brow pencil, lipstick etc as well as photos of brows, lips you like.

Aftercare

Please read through the following information and follow your aftercare advice for the best possible results.

- Aftercare is key to the healing of your Permanent Makeup and must be strictly followed. If you pick at them, you will lose colour and will be liable to pay for additional retouches. It can also cause scarring which will be irreparable
- You may notice whiteness or blanching around the area, this is normal and will subside within 2 days.
- You may get swelling, this is normal and will subside within 2 days.
- In rare cases there might be slight bruising, This should last no longer than 1 week.
- Remember your colour may look darker and more prominent or in some cases warmer for 5-7 days on average.
- Avoid any sun exposure/ sunbeds/sauna/swimming/heavy exercise until the area has completely healed.
- Do not wear makeup on your treatment area and avoid getting anything other than your soapy water and balm on the area.

Aftercare

Please read through the following information and follow your aftercare advice for the best possible results.

EYEBROWS

Day 1- Thoroughly cleanse your brows with damp water wipes provided on the day every 1-2 hours

Day 2- 14- Continue to cleanse the brows once in the morning and once in the evening. And apply a very thin layer of balm provided after 5 days to relieve dryness or itching.

EYELINER

Day 1-7- Gently cleanse with water wipes provided once in the morning and once in the evening. If the eye area appears puffy, you can apply a cold compress. Do not wear mascara or eye makeup until fully healed

LIPS

Day 1- Cleanse the lips with water wipes provided every 1-2 hours applying balm in between.

Day 2-14 Cleanse every morning and night, apply balm twice a day

If you suffer from cold sores, Apply Zovirax 3-4 times per day for 5 days post-treatment. Or take acyclovir tablets. Avoid eating salty or spicy foods for 72 hours. Drink liquids through a straw.

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Healing

As soon as your procedure is finished, your body will start to heal. The skin will close and you may see a thin crust or flaking. This will protect the area whilst the skin heals. After a few days, the flaking if visible will start to come away, revealing the pigment. You will initially see a much lighter hue of remaining colour. This will change and settle over the next 4-6 weeks. In some cases a true healed colour can not be seen for up to 3 months.

IMPORTANT NOTICE- IF THIS IS THE FIRST TIME YOU HAVE HAD THIS TREATMENT- THIS IS A TWO STAGE PROCEDURE.

Your procedure is not deemed complete until you have had BOTH treatments or we have assessed the results. Your second visit can be taken within 1-4 months. Any treatments after this time will be charged as a colour boost. Please take in to consideration we do have a 6 month waiting list, so if you need to reschedule a retouch appointment it may be 6 months before we can find a new appointment slot.

COLOUR BOOSTS ARE JUST 1 TREATMENT, any extra retouches will be chargeable

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Maintenance

It's important to continue to have regular maintenance treatments on your brows. Especially if you have had the 'Brow Shade' treatment as this offers extremely natural results.

It's a good idea to protect your brows with a high-quality SPF which you can purchase from our online portal. Please ask your artist for details and access to the exclusive online portal.

We can also recommend complementary products or services to go with your new treatment, that can prolong the life of your treatment as well as provide different styling options for different occasions.

Please ask your artist for further details.

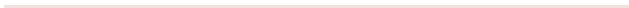
We hope you enjoy your new Permanent Makeup treatment.



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QR CODE FOR OUR HANDY SCRATCH TEST VIDEO

Open your phones camera and capture the code- If your phone is compatible it will take you straight to our scratch test video.



TERMS AND CONDITIONS

- You must be 18 years or over to receive a Permanent Makeup treatment
 - Prices are subject to change
 - We require a non refundable booking fee of £50 at the time of making the booking to secure an appointment
 - If you need to cancel or rearrange your appointment we will do our best to fill your slot, if we can fill your booking slot then we may refund the booking fee. Please also be aware that our diary fills up 1-2 months in advance so if you need to rearrange an appointment there may be a 6 month wait for a new appointment.
 - New treatments require a mandatory retouch that is chargeable. If a third application is required due to skin type, this is also chargeable.
 - If you do not have the retouch visit within 6 months (unless otherwise discussed) it will be charged as a colour boost treatment.
 - Rebecca's diary books up 6 months in advance so if you need to reschedule a retouch appointment it may be 6 months before a new appointment can be scheduled.
 - Colour boost treatments are required every 12-18 months and usually, only 1 treatment is required. If a retouch is required due to skin type, this will be chargeable
 - Payment is accepted by debit card, credit card bank transfer or cash- cheques are not accepted.
 - Late arrivals to appointments more than 10 minutes will result in needing to reschedule the appointment and deposit will be lost
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Our salon is located at 5 Queens Square, Poulton, FY6 7BW We are through a glass door, inbetween a mens clothes shop and 'The Hair Studio' and opposite 'Espanol' and 'Agora' restaurants.

There are 3 main car parks near by- The Bull Pub- FY6 7WL, Booths- FY6 7BB and The Elk- FY67SR

Contact Info

ADDRESS

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